

SESSION 4 HANDOUT

KEY SCRIPTURES (NIV):

Luke 5:17-26

One day Jesus was teaching, and Pharisees and teachers of the law were sitting there. They had come from every village of Galilee and from Judea and Jerusalem. And the power of the Lord was with Jesus to heal the sick.¹⁸ Some men came carrying a paralyzed man on a mat and tried to take him into the house to lay him before Jesus.¹⁹ When they could not find a way to do this because of the crowd, they went up on the roof and lowered him on his mat through the tiles into the middle of the crowd, right in front of Jesus.²⁰ When Jesus saw their faith, He said, "Friend, your sins are forgiven."²¹ The Pharisees and the teachers of the law began thinking to themselves, "Who is this fellow who speaks blasphemy? Who can forgive sins but God alone?"²² Jesus knew what they were thinking and asked, "Why are you thinking these things in your hearts?²³ Which is easier: to say, 'Your sins are forgiven,' or to say, 'Get up and walk'?²⁴ But I want you to know that the Son of Man has authority on earth to forgive sins." So He said to the paralyzed man, "I tell you, get up, take your mat and go home."²⁵ Immediately he stood up in front of them, took what he had been lying on and went home praising God.²⁶ Everyone was amazed and gave praise to God. They were filled with awe and said, "We have seen remarkable things today."

Matthew 8:5-13

When Jesus had entered Capernaum, a centurion came to Him, asking for help.⁶ "Lord," he said, "my servant lies at home paralyzed, suffering terribly."⁷ Jesus said to him, "Shall I come and heal him?"⁸ The centurion replied, "Lord, I do not deserve to have You come under my roof. But just say the word, and my servant will be healed.⁹ For I myself am a man under authority, with soldiers under me. I tell this one, 'Go,' and he goes; and that one, 'Come,' and he comes. I say to my servant, 'Do this,' and he does it."¹⁰ When Jesus heard this, He was amazed and said to those following Him, "Truly I tell you, I have not found anyone in Israel with such great faith.¹¹ I say to you that many will come from the east and the west, and will take their places at the feast with Abraham, Isaac and Jacob in the kingdom of heaven.¹² But the subjects of the kingdom will be thrown outside, into the darkness, where there will be weeping and gnashing of teeth."¹³ Then Jesus

said to the centurion, "Go! Let it be done just as you believed it would." And his servant was healed at that moment.

James 5:13-16

Is anyone among you in trouble? Let them pray. Is anyone happy? Let them sing songs of praise. ¹⁴ Is anyone among you sick? Let them call the elders of the church to pray over them and anoint them with oil in the name of the Lord. ¹⁵ And the prayer offered in faith will make the sick person well; the Lord will raise them up. If they have sinned, they will be forgiven. ¹⁶ Therefore confess your sins to each other and pray for each other so that you may be healed. The prayer of a righteous person is powerful and effective.

Psalms 103:1-8

Praise the Lord, my soul; all my inmost being, praise His holy name. ² Praise the Lord, my soul, and forget not all His benefits - ³ who forgives all your sins and heals all your diseases, ⁴ who redeems your life from the pit and crowns you with love and compassion, ⁵ who satisfies your desires with good things so that your youth is renewed like the eagle's. ⁶ The Lord works righteousness and justice for all the oppressed. ⁷ He made known His ways to Moses, His deeds to the people of Israel: ⁸ The Lord is compassionate and gracious, slow to anger, abounding in love.

DISCOVER MORE

Consider the key Scriptures provided and complete the questions below:

Memorize Psalm 103:1-5.

Think about what it means to be healed spiritually, mentally, emotionally, and physically. Where in your life do you need God's healing?

Do you believe that God loves you and cares for your well-being?

Do you think it is easier for God to forgive a person or to heal a person?

Can a person really pray to God in faith if that person is not in a healthy spiritual relationship with God? Explain.
